

# THE EVOLUTION OF 401(K) BALANCES UNDER AUTOMATIC ENROLLMENT

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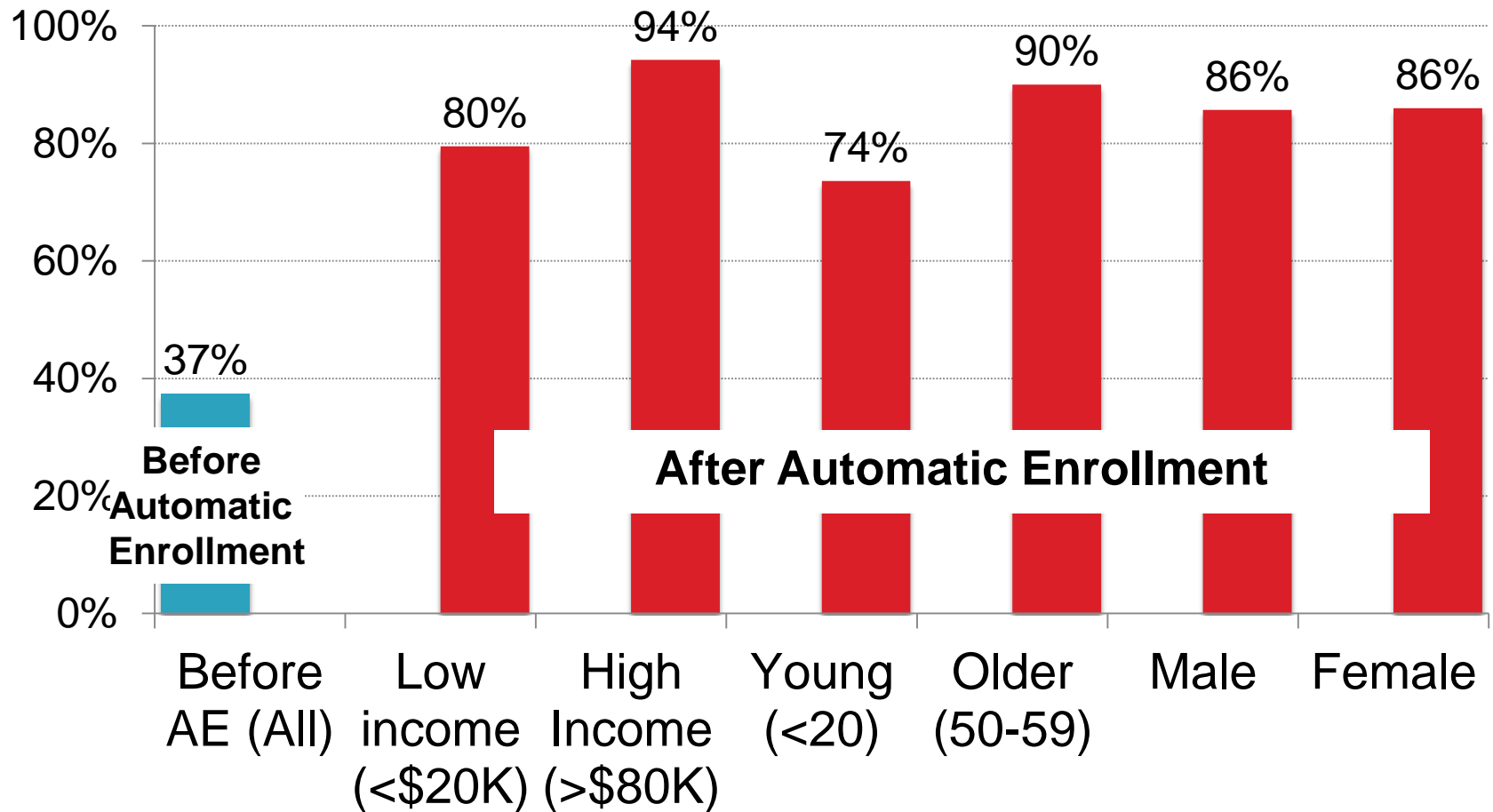
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TIAA Institute Fellow Symposium, June 24,  
2016

# Savings Plan Participation and Automatic Enrollment

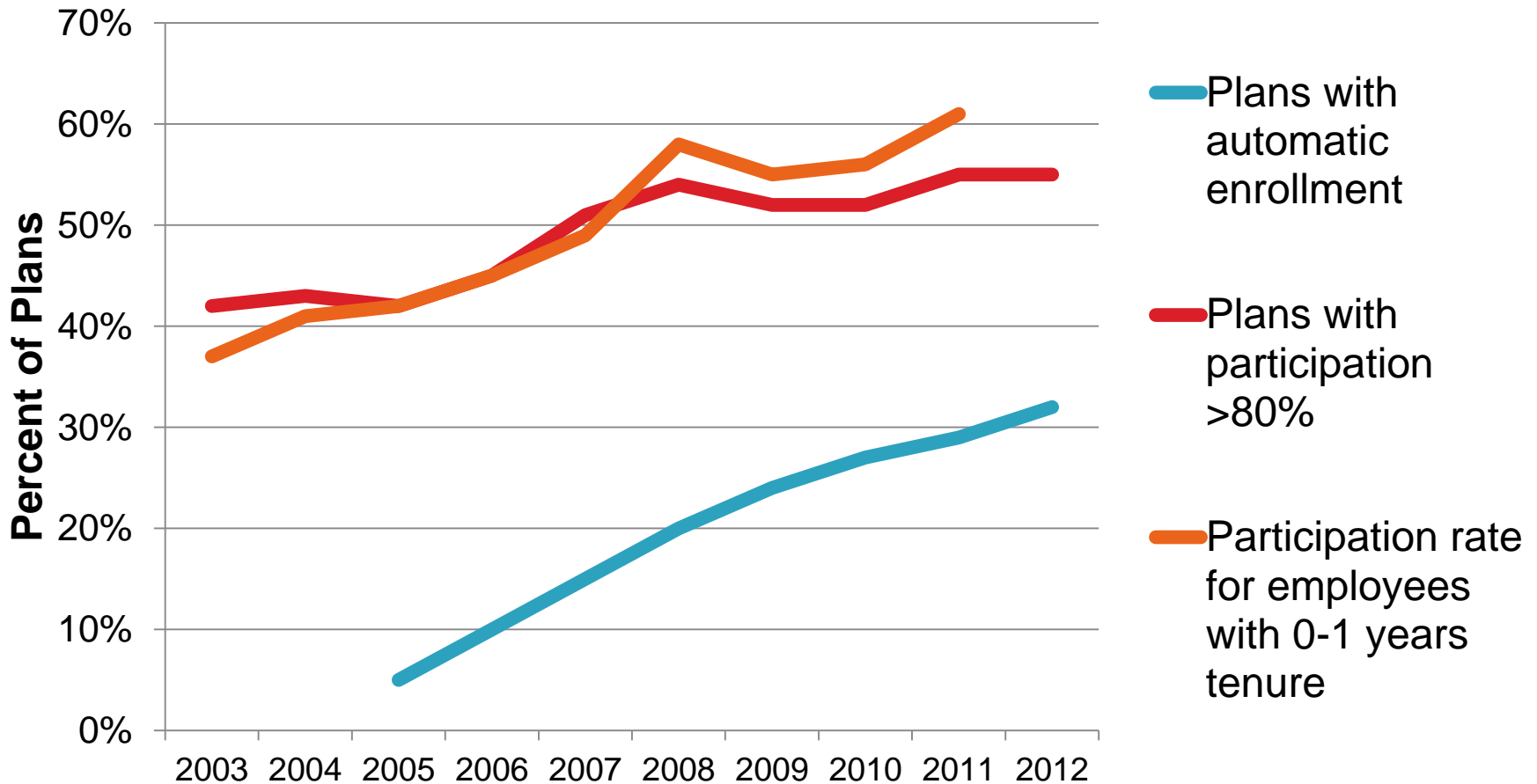
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Source: Madrian (2001)

# Automatic Enrollment Has Dramatically Increased Savings Plan Participation in the US

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Source: Vanguard, "How America Saves: 2013"

# Automatic Enrollment is Dramatically Increasing Savings Plan Participation in the UK

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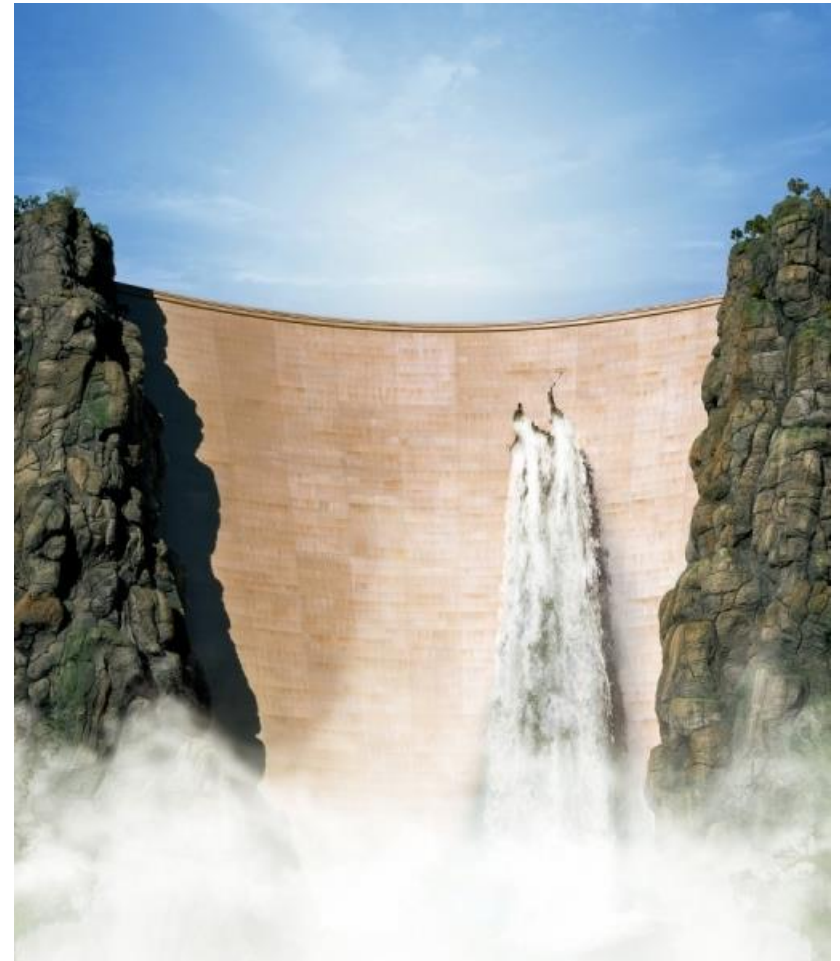
- Mandatory automatic enrollment being phased in from 2012-2017 by firm size
- To date, opt-out rate of **only 9-10%**
- ~20 percentage point increase in workplace savings plan participation from 2012-2014

# Pre-Retirement Liquidity in Defined Contribution Savings Plans in the U.S.



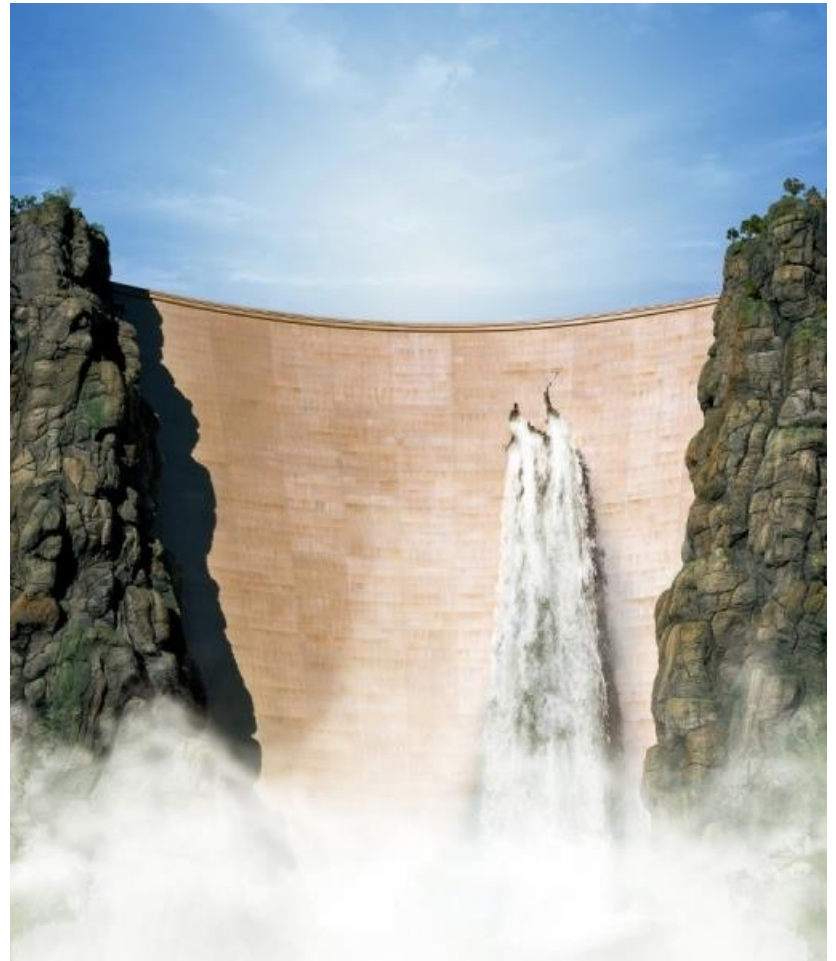
- Loans
  - ▣ Most 401(k) plans allow
- Penalized withdrawals
  - ▣ 10% tax penalty
- Penalty-free withdrawals
  - ▣ More options for this in an IRA than a 401(k)
  - ▣ Depends on how you

# Is This Even Relevant? How Much Leakage Is There?



# Is This Even Relevant? How Much Leakage Is There?

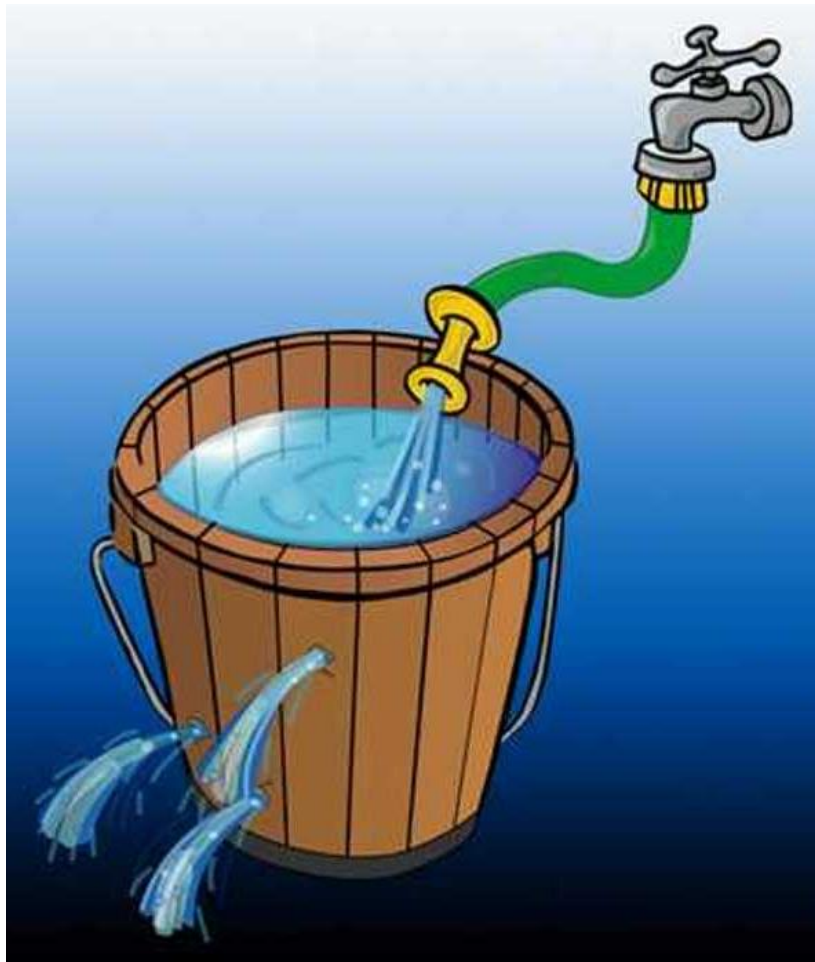
- For every \$2 that flows into the US retirement savings system...
- ...almost \$1 leaks out





# Research Question

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## Question

To what extent does leakage out of the retirement system offset the positive impact of automatic enrollment on savings plan participation and average contribution rates?



# Main Findings

- Comparing employees hired before vs. after automatic enrollment at a large U.S. company:
  - ▣ **Contributions:** Average 401(k) contribution rates are higher every month of tenure after automatic enrollment (through 8 years after hire)
  - ▣ **Leakage:** Cumulative loans and withdrawals are also higher after automatic enrollment (by 4 percentage points of average salary 8 years after hire)
  - ▣ **Net effect:** increase in retirement savings after automatic enrollment of 5 percentage points of average salary at 8 years after hire

# Data

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- Source: administrative data for the 401(k) plan of a large U.S. employer in the financial services industry
  - ▣ Implemented automatic enrollment July 1, 2005
- Data
  - ▣ Year-end data on 401(k) balances and loan activity
  - ▣ Monthly data on 401(k) contribution rates
  - ▣ Daily data on withdrawals and distributions

# Methodology

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- Compare outcomes for employees hired one year before automatic enrollment and one year after automatic enrollment at a given level tenure
- Look at outcomes at the end of calendar years
- Define tenure 1 as the first year-end when all employees in that cohort have been hired
  - Pre-AE: on January 1, 2006
  - Post AE: on January 1, 2007
- Main outcomes measured at tenure
  - Pre-AE: on January 1, 2013
  - Post-AE: on January 1, 2014

# Methodology

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- Start with actual balances in the plan
- Add back in imputed balances rolled out of the plan and into another qualified plan
  - ▣ Impute the value assuming realized return on age appropriate lifecycle fund after rollover
- Adjust for differences in realized returns for the pre-AE and post-AE cohorts over time

# Methodology

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- Adjust for differences in realized returns for the pre-AE and post-AE cohorts over time
  - ▣ Use monthly contributions to estimate balances before any leakage, holding returns fixed across cohorts
    - Apply the time series of lifecycle returns for the pre-AE cohort to both the pre-AE and post-AE cohorts
  - ▣ Calculate the actual leakage rate for each employee
    - Sum of withdrawals not rolled into another qualified plan plus outstanding loan balances divided by the sum of total balances plus all withdrawals
  - ▣ Apply this leakage rate to the balances imputed when returns are held fixed across cohorts

# Plan Overview

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- **Automatic Enrollment:**
  - Implemented: July 1, 2005
  - Default contribution rate: 2% (before-tax) rate after
  - Default asset allocation: Balanced mutual fund
- **Eligibility:**
  - Pre-AE: 3 months if working >20 hours per week
  - Post-AE: Immediate for all employees
- **Match:** 100% match on first 4% of contributions

# Plan Withdrawal and Loan Provisions

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- **In-Service withdrawals:**
  - ▣ Age-based and hardship withdrawals from any account
  - ▣ Non-hardship withdrawals from some accounts
- **Post-separation distribution default:**
  - ▣ Balances <\$1k: cash distribution
  - ▣ \$1K<balances<\$5k: rollover to IRA
  - ▣ Balances >\$5k: money retained in plan
- **Loans**
  - ▣ At most two outstanding loans
  - ▣ Minimum loan amount of \$1,000



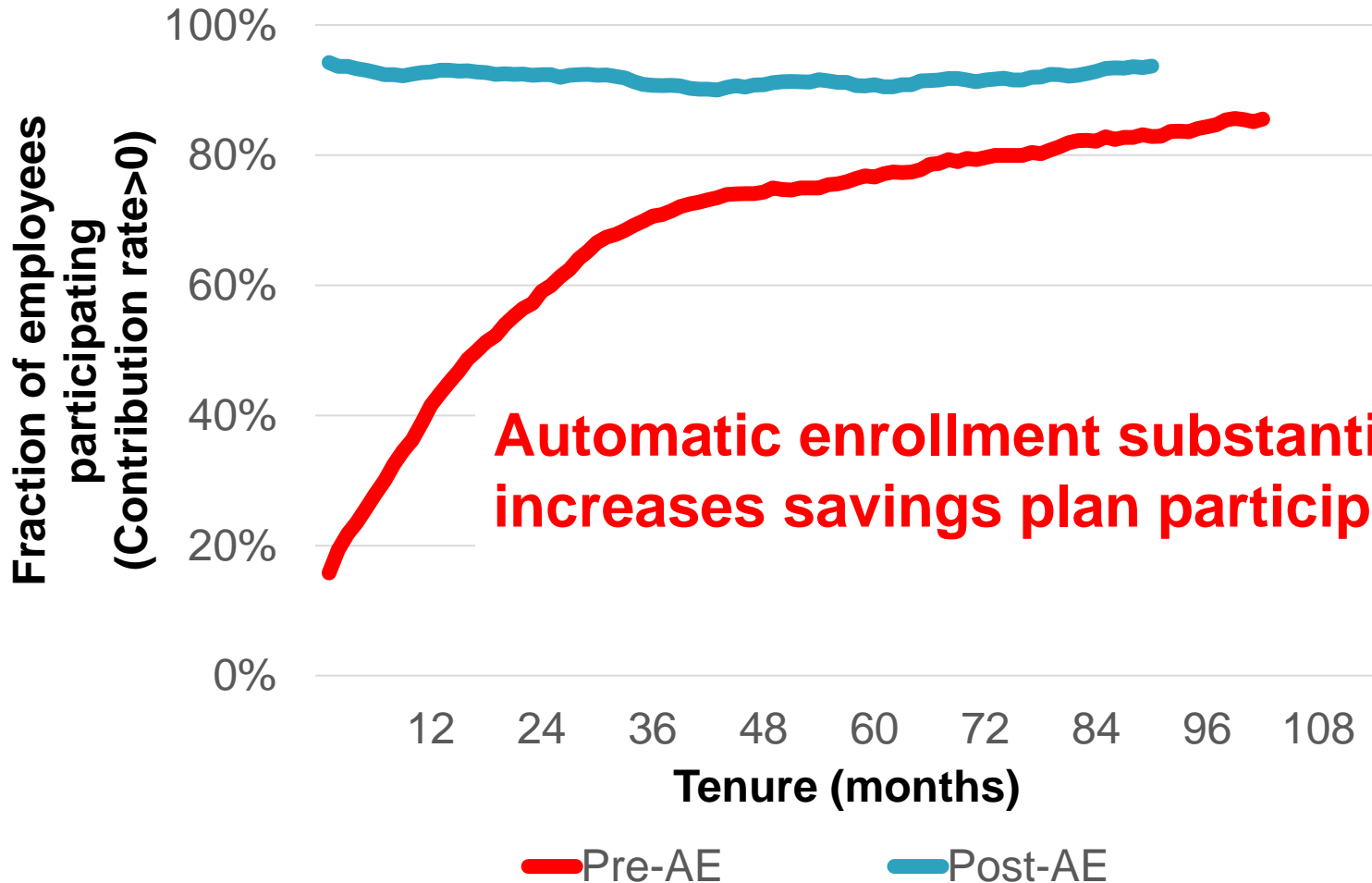
# Comparing the Pre-AE and Post-AE Cohorts

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|  | <b>Pre-AE</b> | <b>Post-AE</b> |
|--|---------------|----------------|
| <b>Percent female</b>                          | 60.6%         | 61.9%          |
| <b>Age</b>                                     | 31.3          | 31.3           |
| <b>Starting Salary (\$2004)</b>                | \$29,815      | \$29,483       |
| <b>Percent employed eight years after hire</b> | 18.3%         | 19.6%          |
| <b>Percent ever contributed while employed</b> | 57.9%         | 98.0%          |
| <b>Sample size</b>                             | N=5,871       | N=6,002        |

# The Impact of Automatic Enrollment on Savings Plan Participation

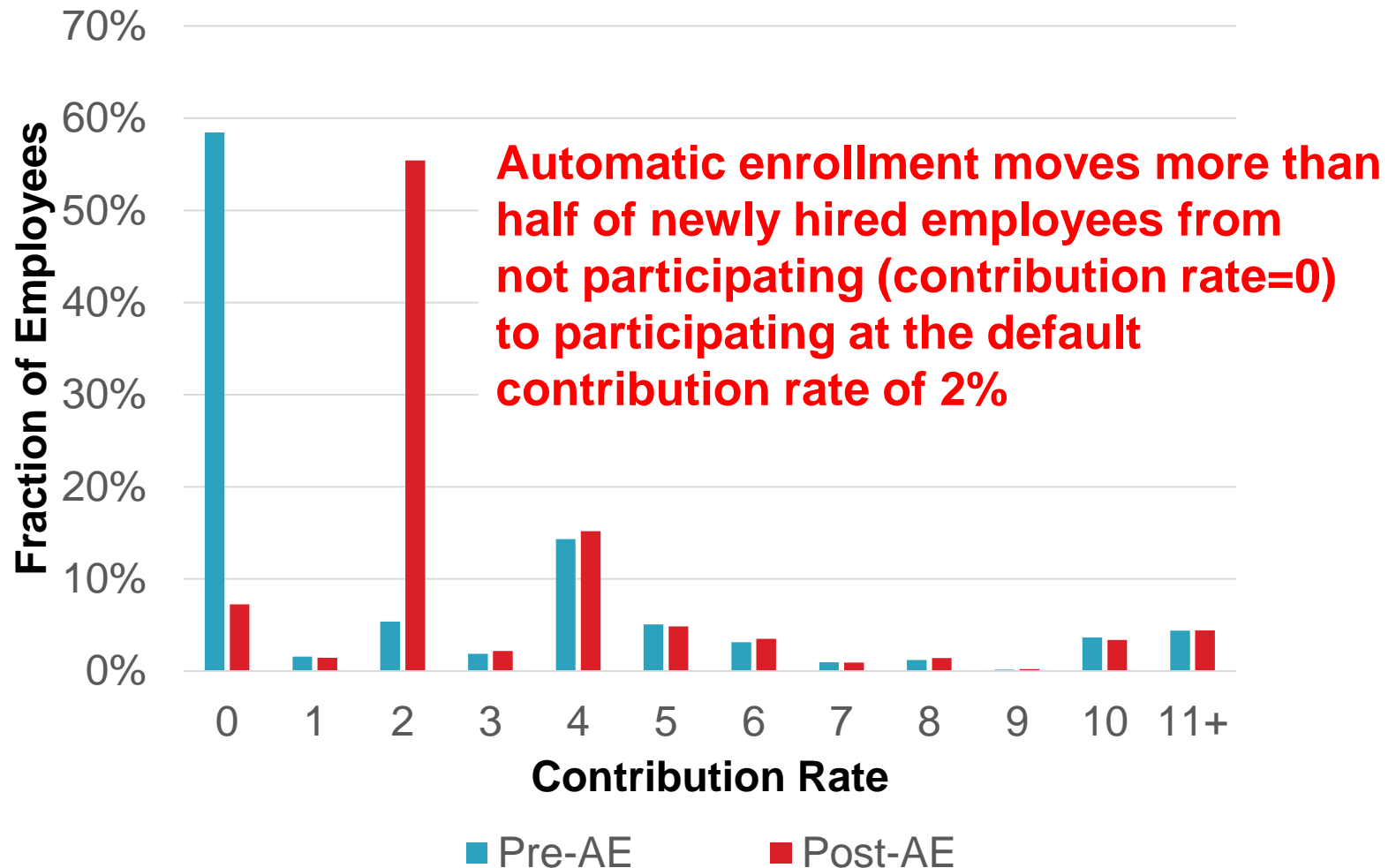
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**Automatic enrollment substantially increases savings plan participation**

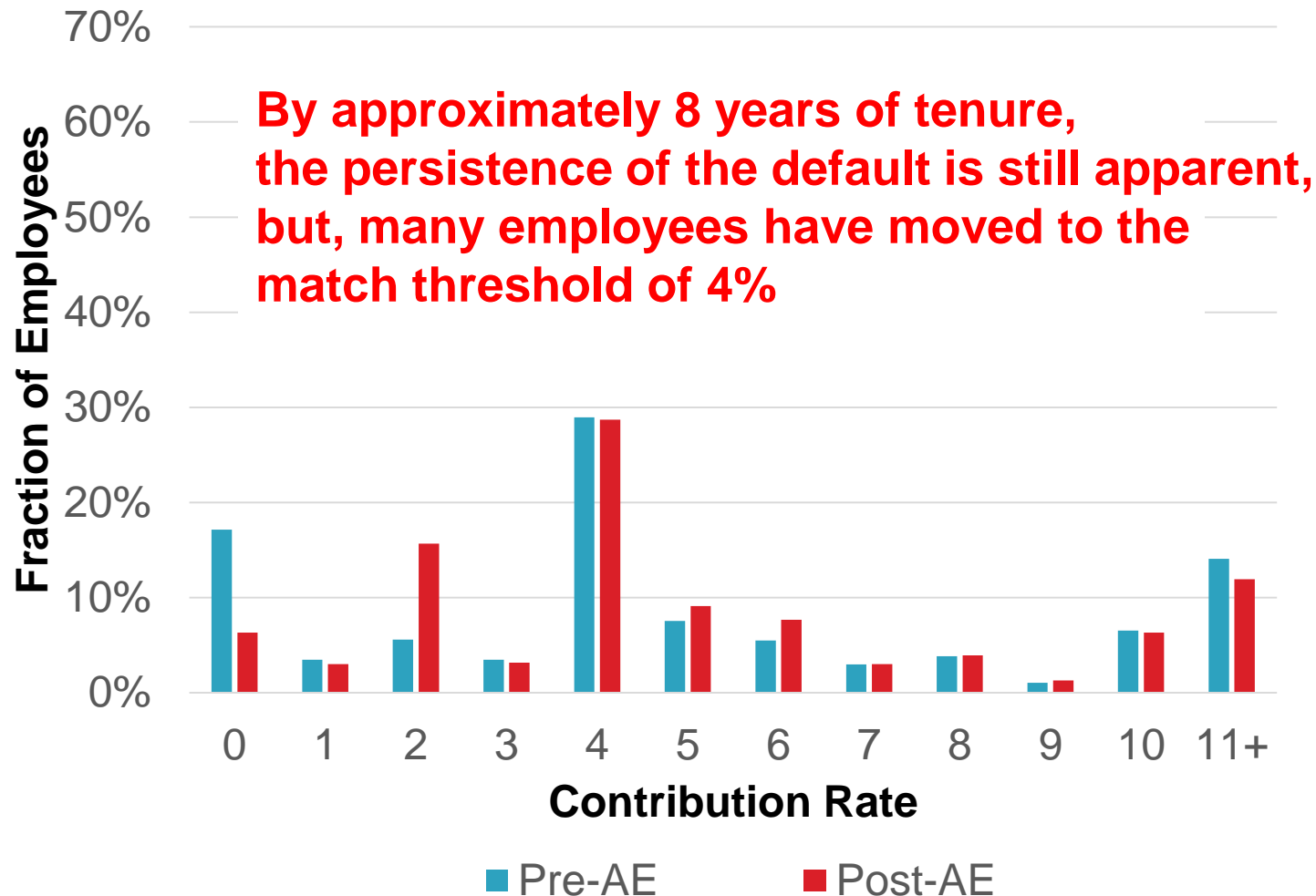
# The Impact of Automatic Enrollment on Savings Plan Contribution Rates (at 12 months)

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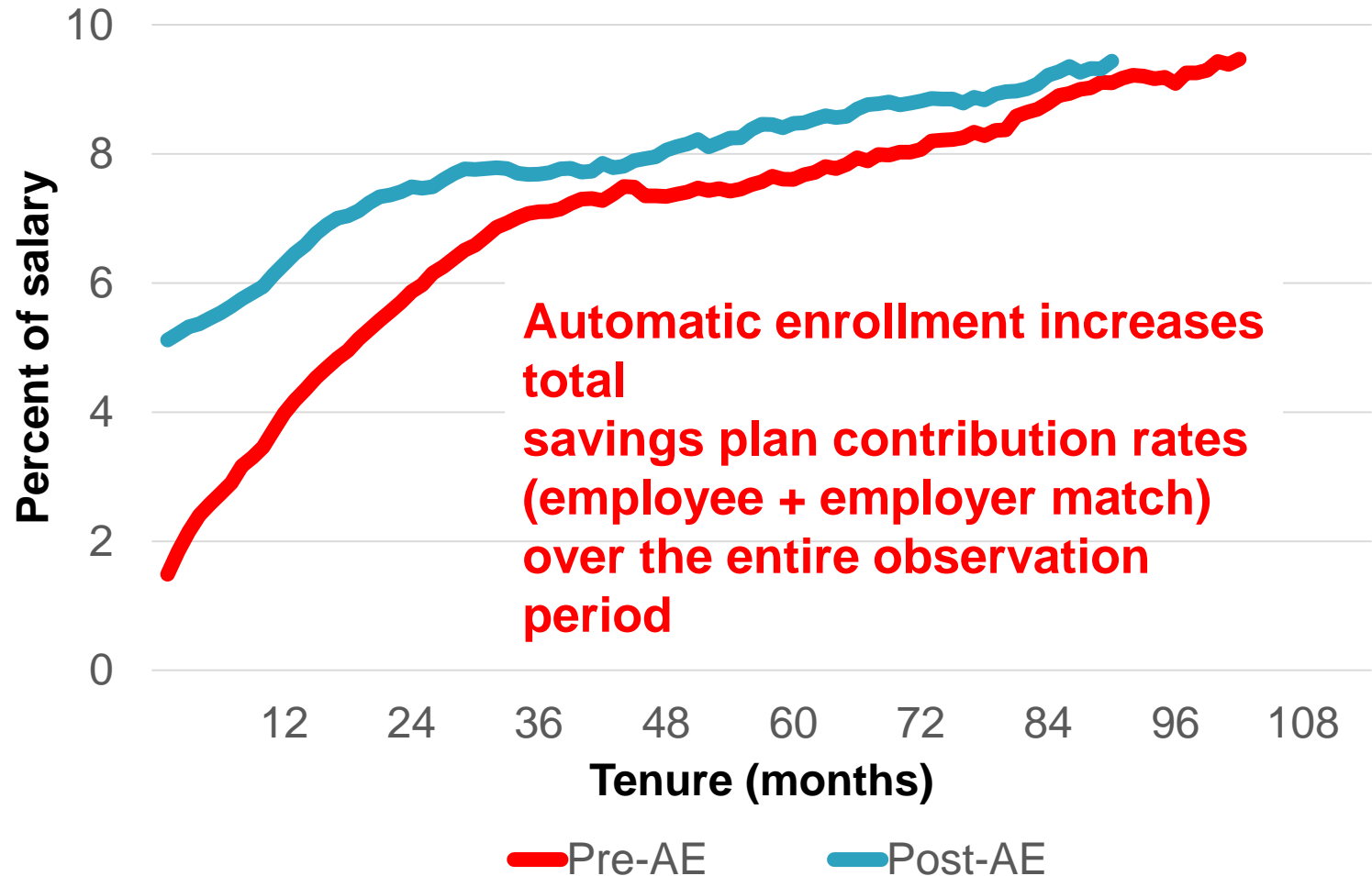
# The Impact of Automatic Enrollment on Savings Plan Contribution Rates (at 90 months)

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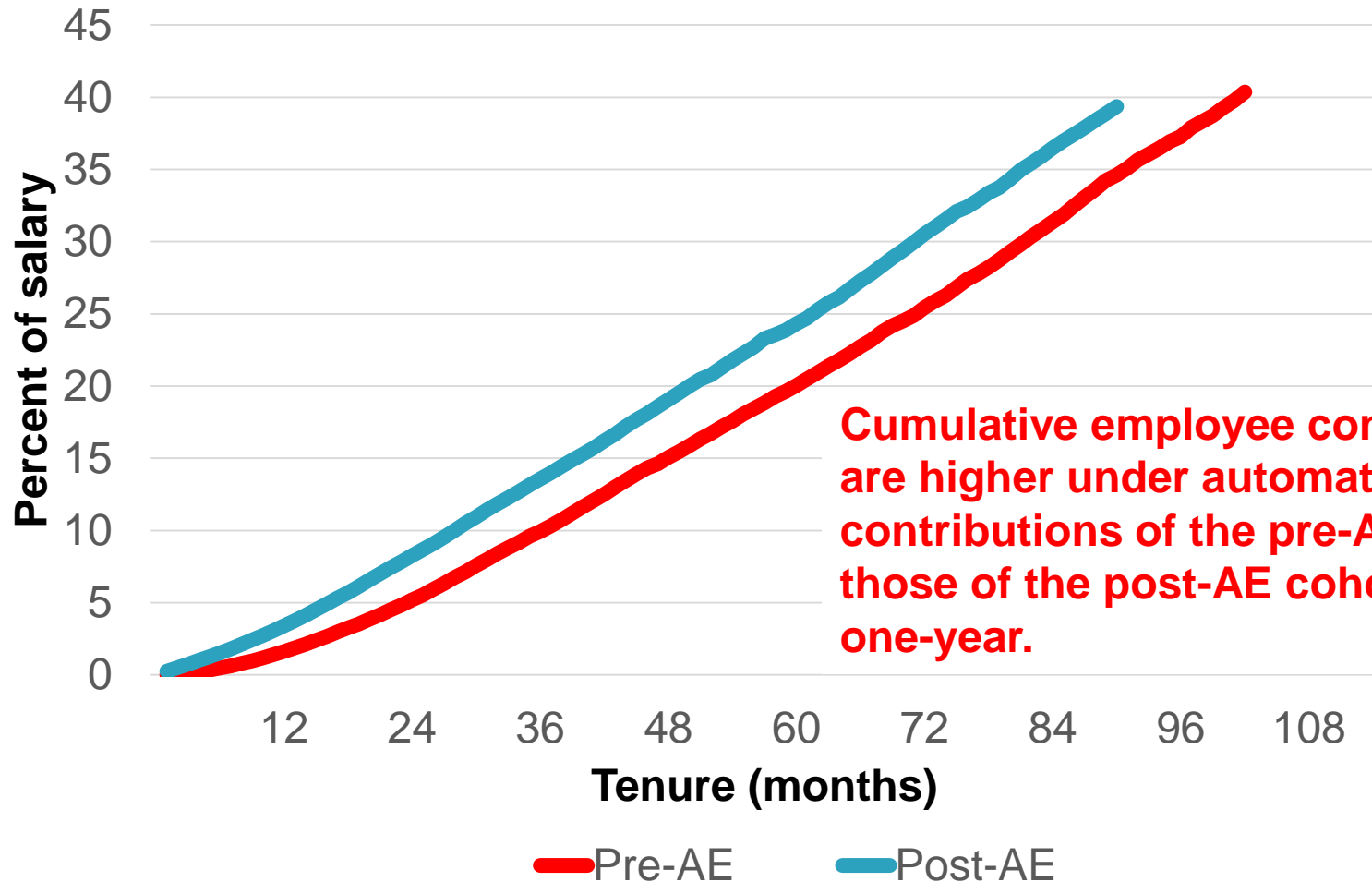
# The Impact of Automatic Enrollment on Plan Savings Rates (including the employer match)

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# The Impact of Automatic Enrollment on Cumulative Employee Contributions to the plan

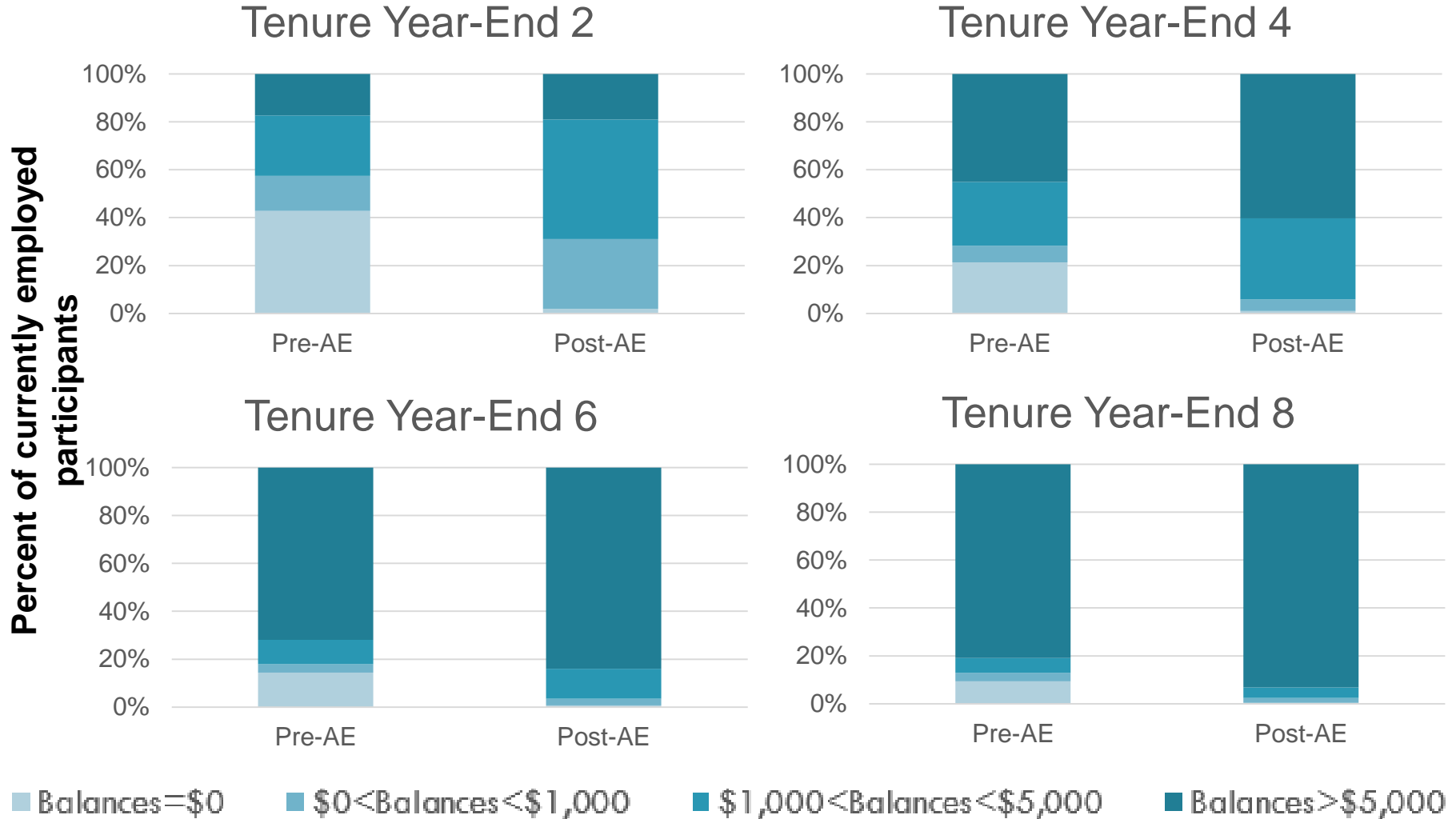
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**Cumulative employee contributions are higher under automatic enrollment. The cumulative contributions of the pre-AE cohort are lower than those of the post-AE cohort by about one-year.**

# The Impact of Automatic Enrollment on Year-End Plan Balances (continually employed)

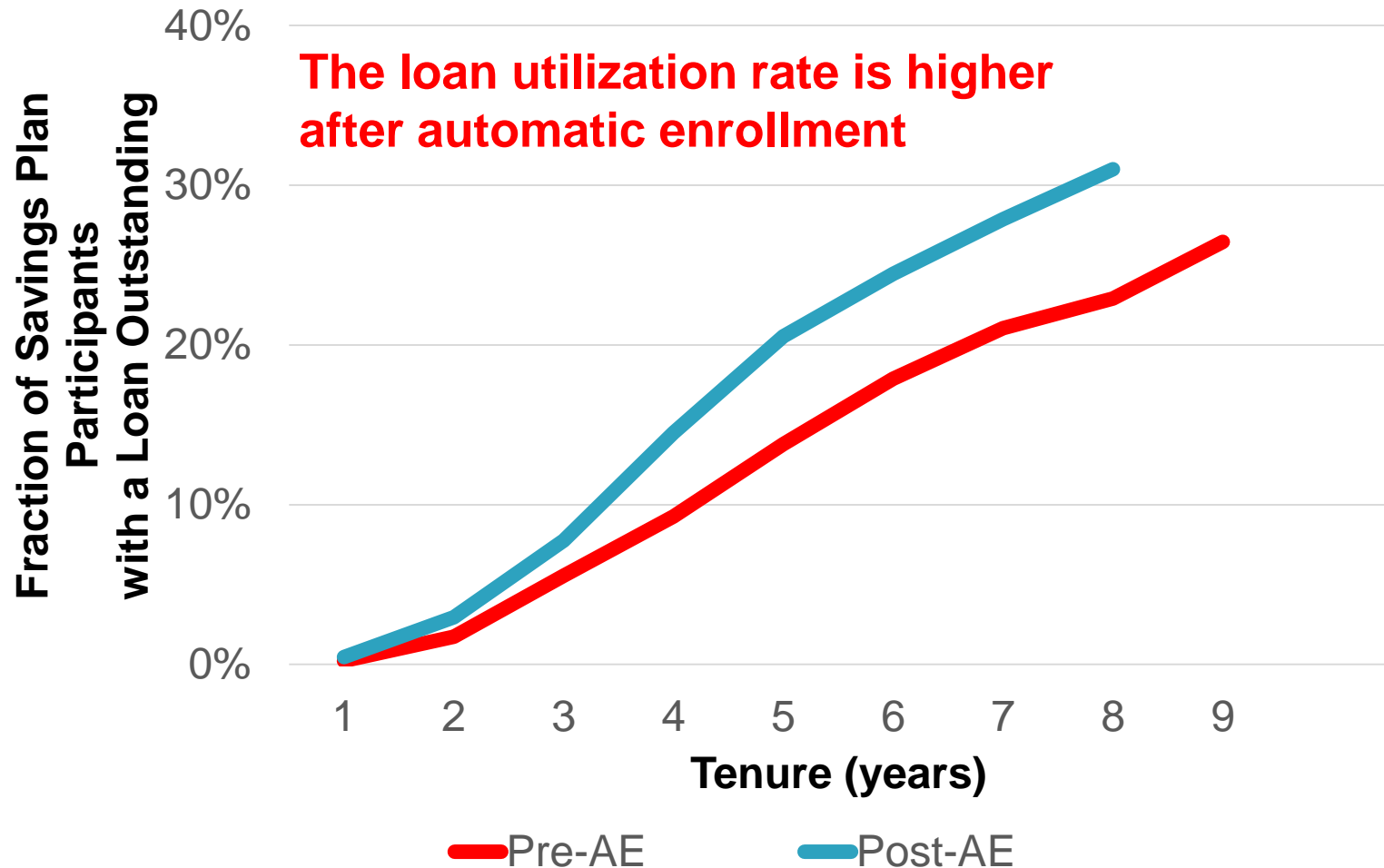
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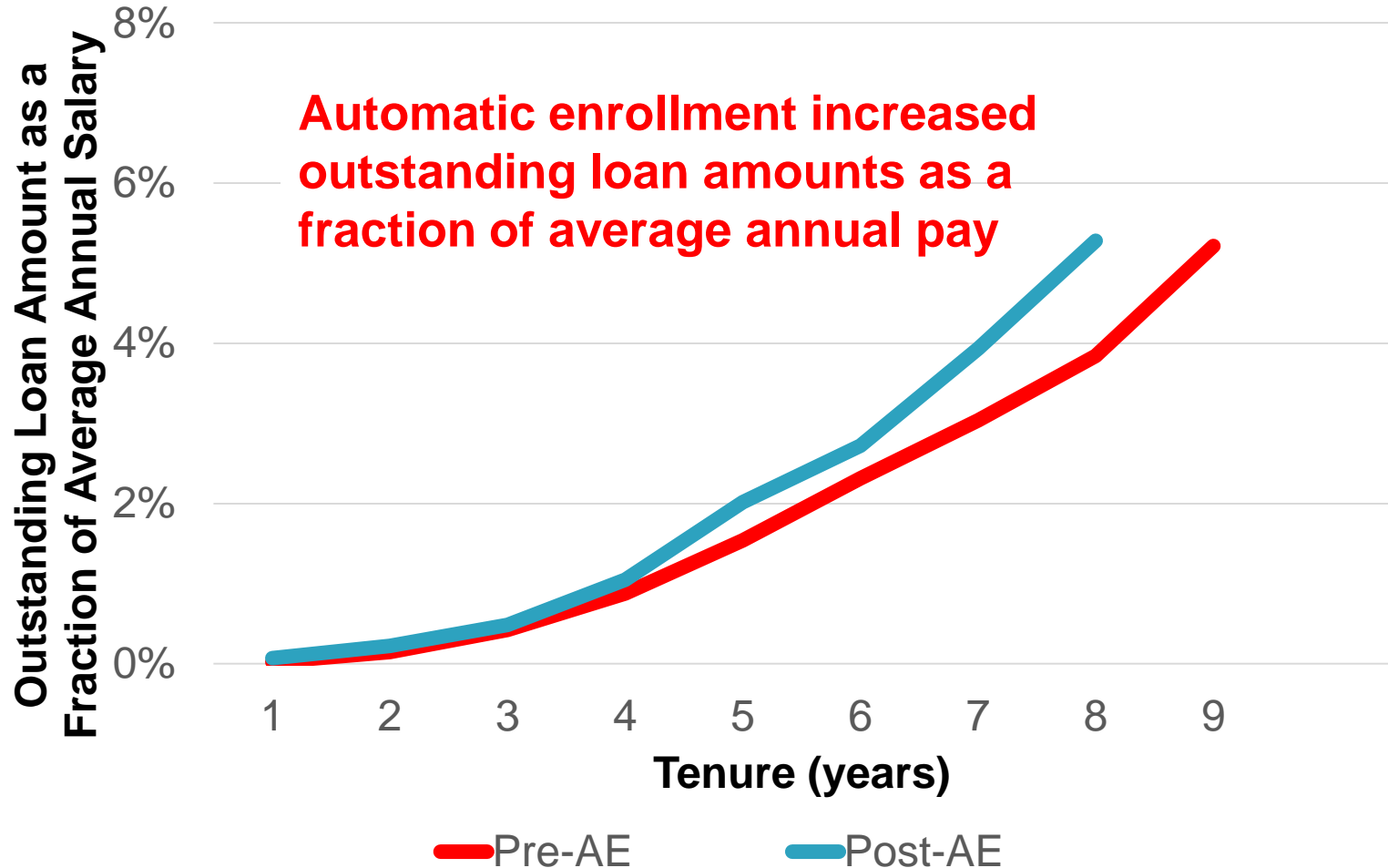
# The Impact of Automatic Enrollment on 401(k) Loan Utilization

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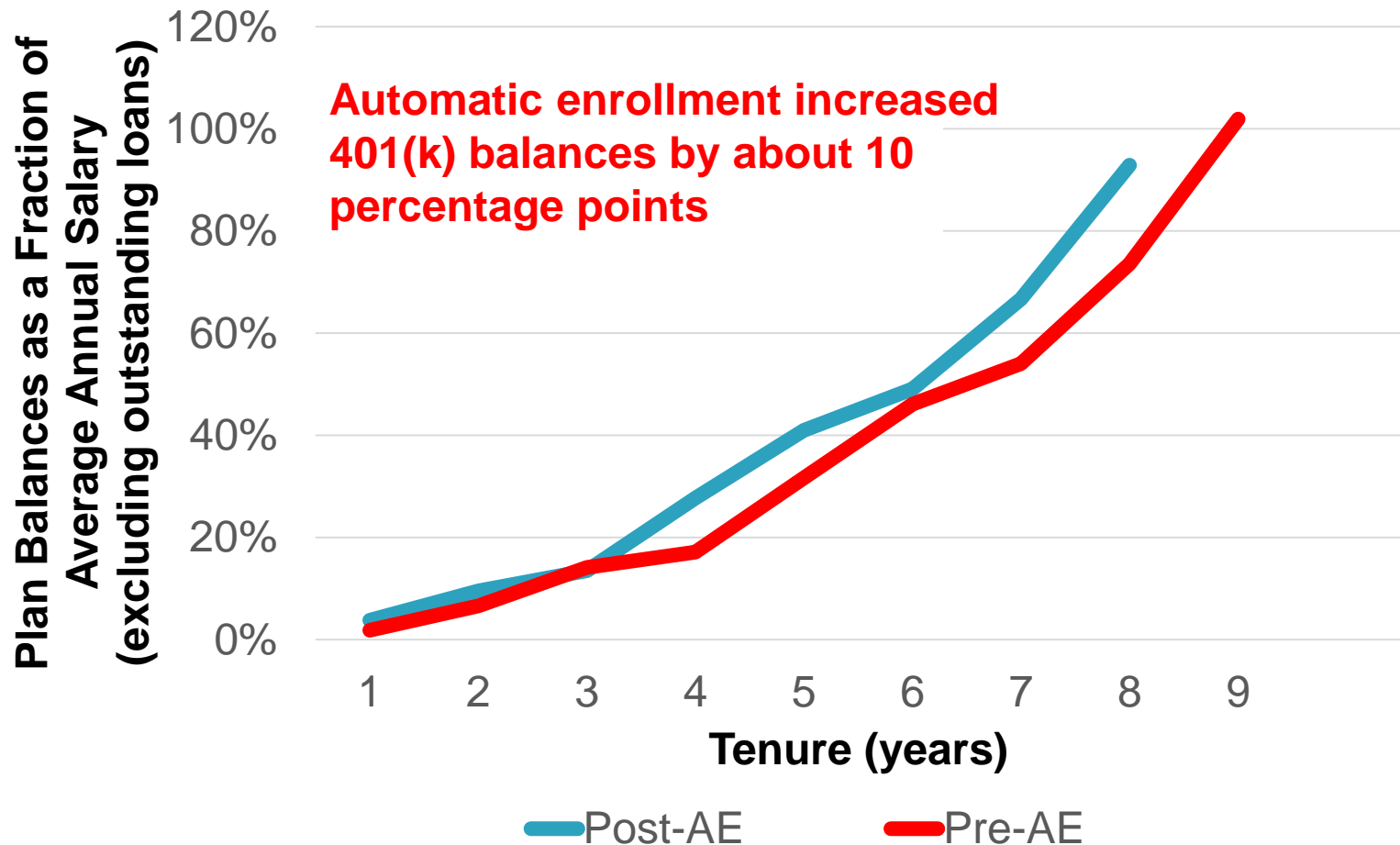
# The Impact of Automatic Enrollment on Loan Balances as a Fraction of Salary

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# The Impact of Automatic Enrollment on Plan Balances Relative to Average Salary (continually employed)

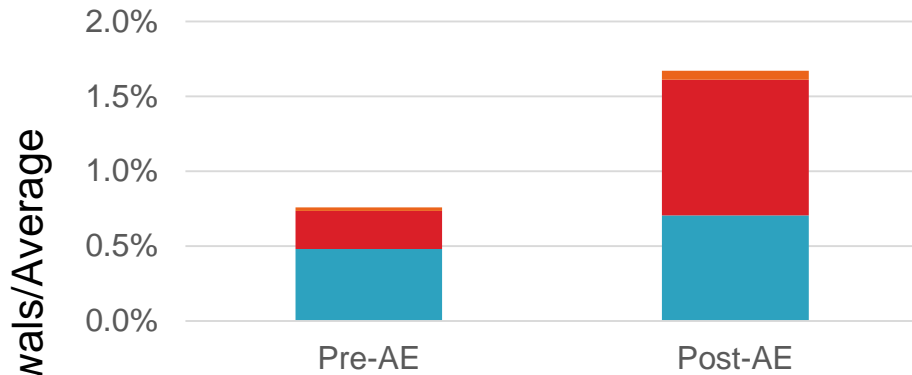
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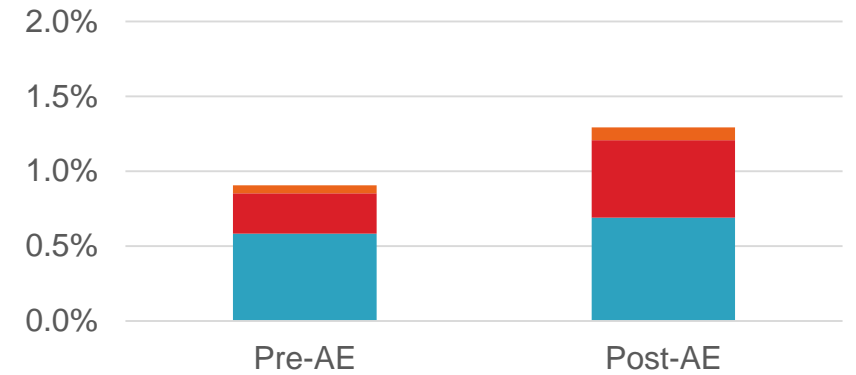
# The Impact of Automatic Enrollment on Annual Withdrawals (all hires)

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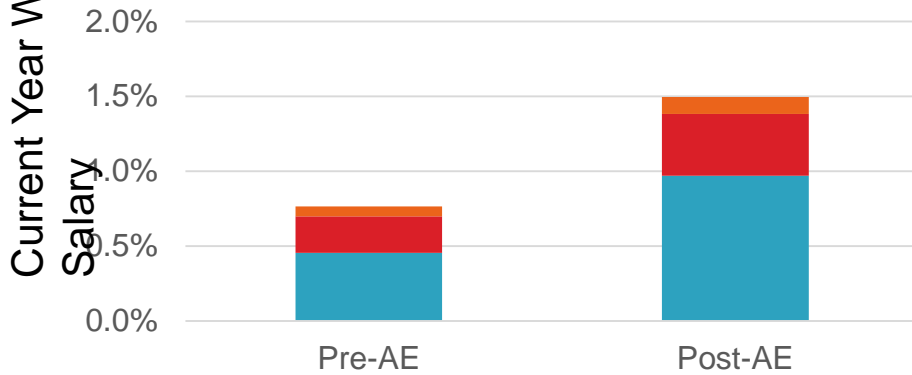
### Tenure Year 2



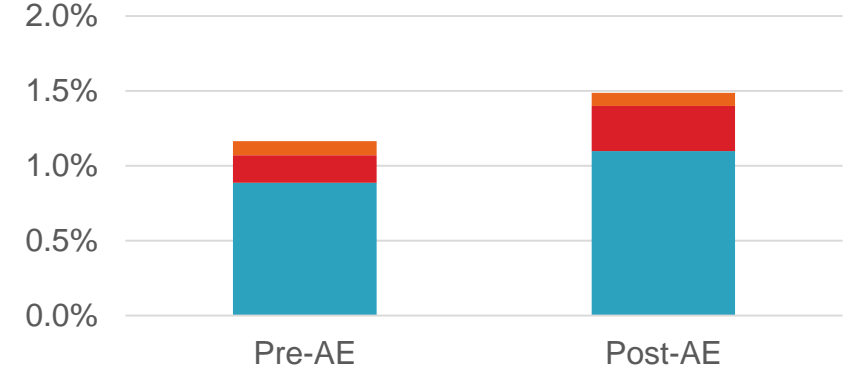
### Tenure Year 4



### Tenure Year 6



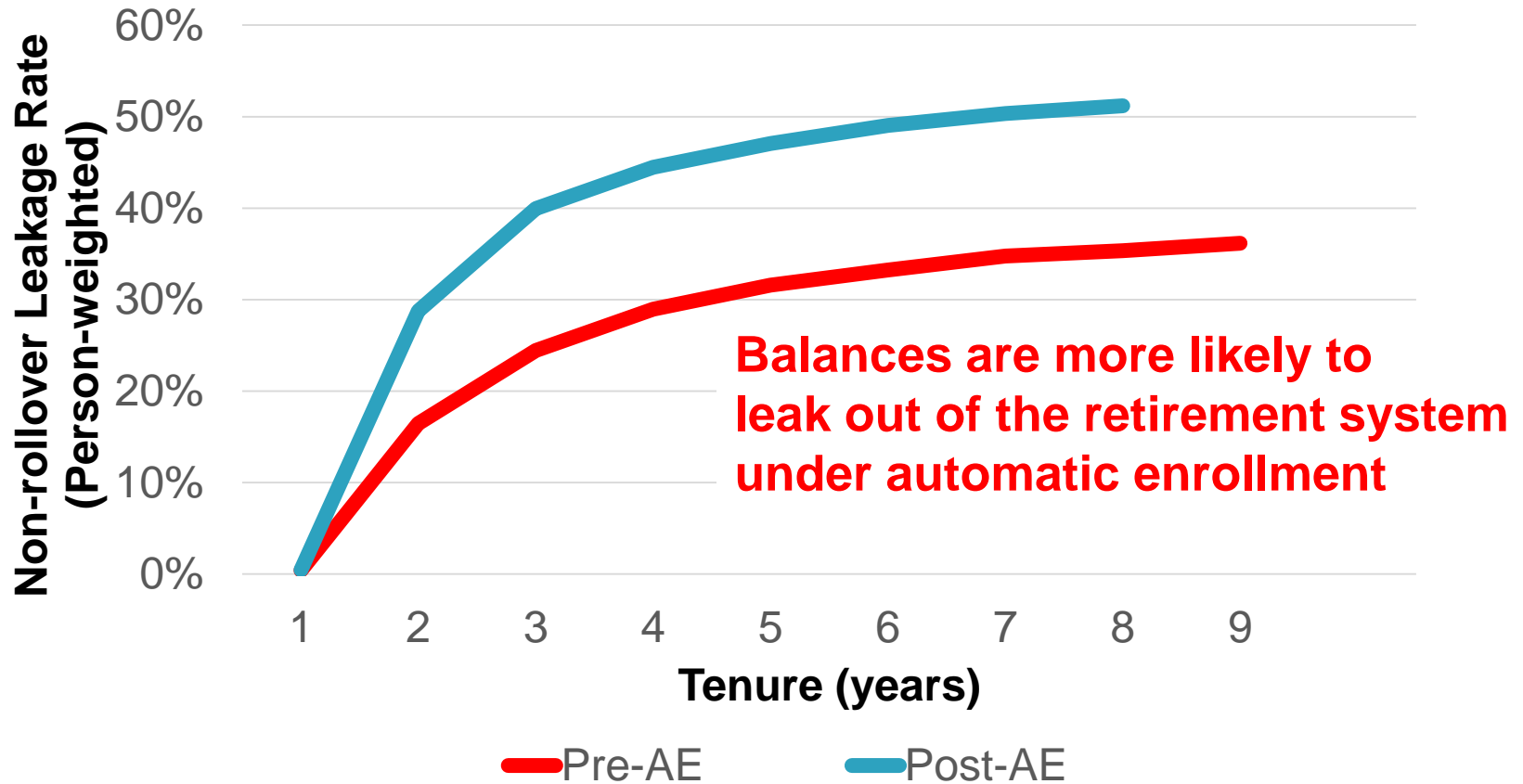
### Tenure Year 8



■ Rollover Withdrawals ■ Penalized Non-Rollover Withdrawals ■ Non-Penalized Non-Rollover Withdrawals

# The Impact of Automatic Enrollment on Leakage as a Fraction of Balances (all hires)

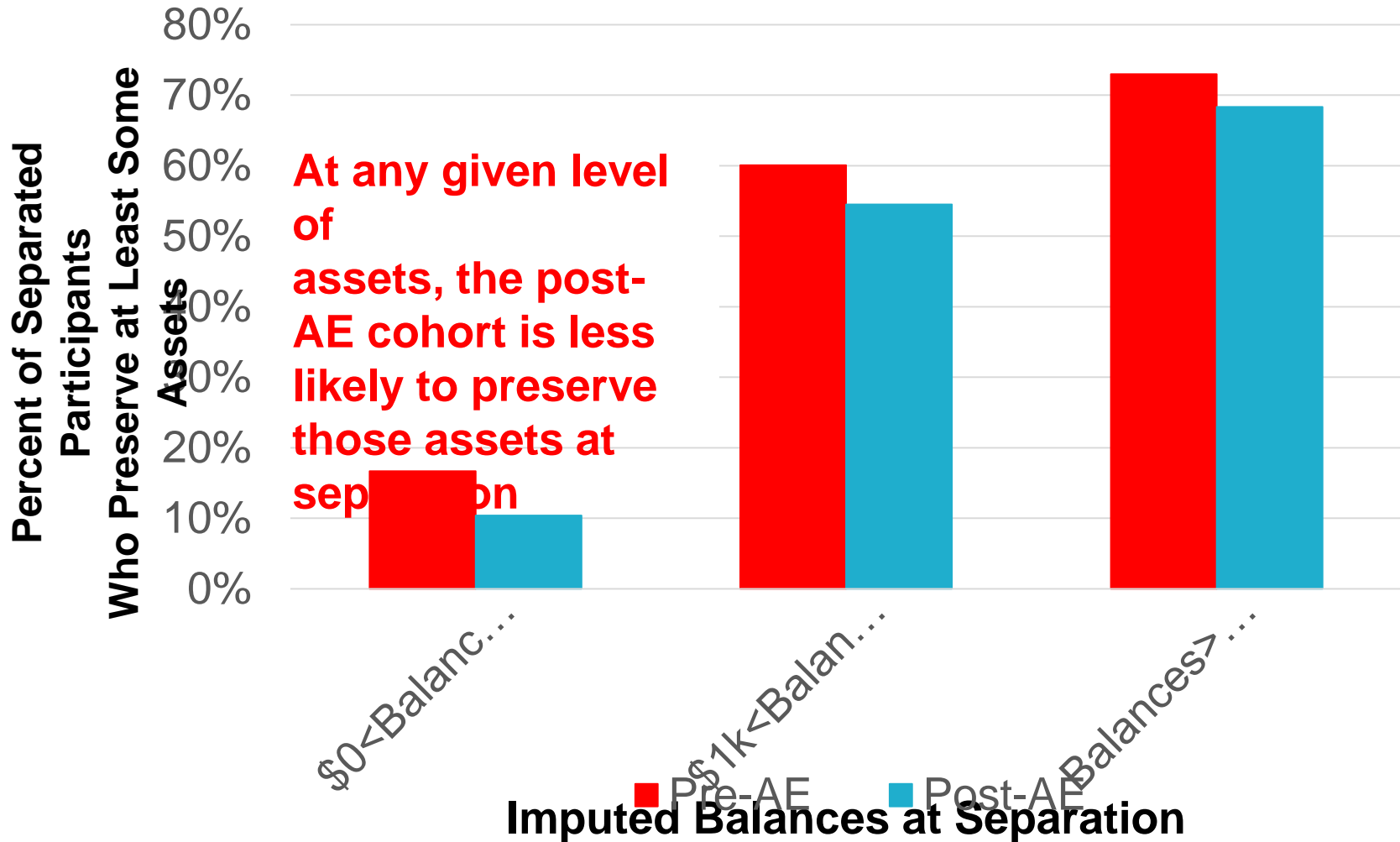
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Non-rollover leakage rate =  $(\text{Non-rollover withdrawals} + \text{Outstanding loans}) / (\text{Total withdrawals} + \text{Balances})$   
where the value of total balances includes the value of outstanding loans

# The Impact of Automatic Enrollment on Preserving Assets at Termination by Inferred Balances at Separation

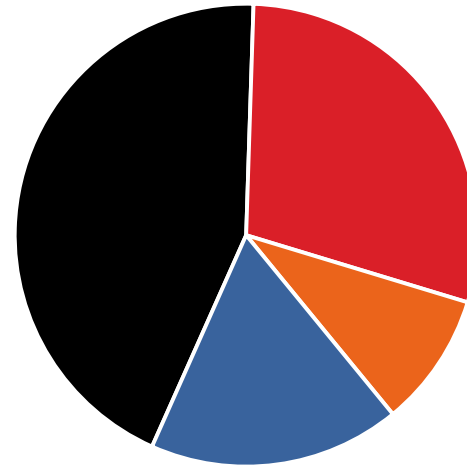
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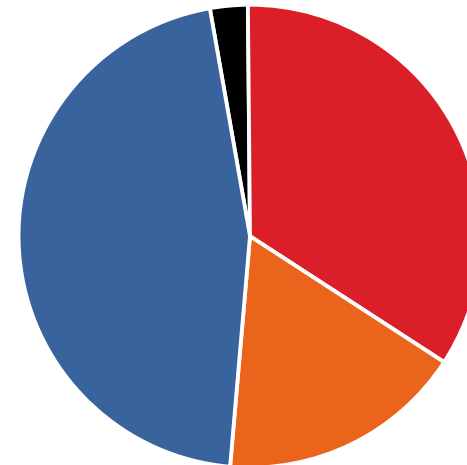
# The Impact of Automatic Enrollment on Leakage as a Fraction of Balances 8 years after hire (all hires)

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Pre-AE



Post-AE

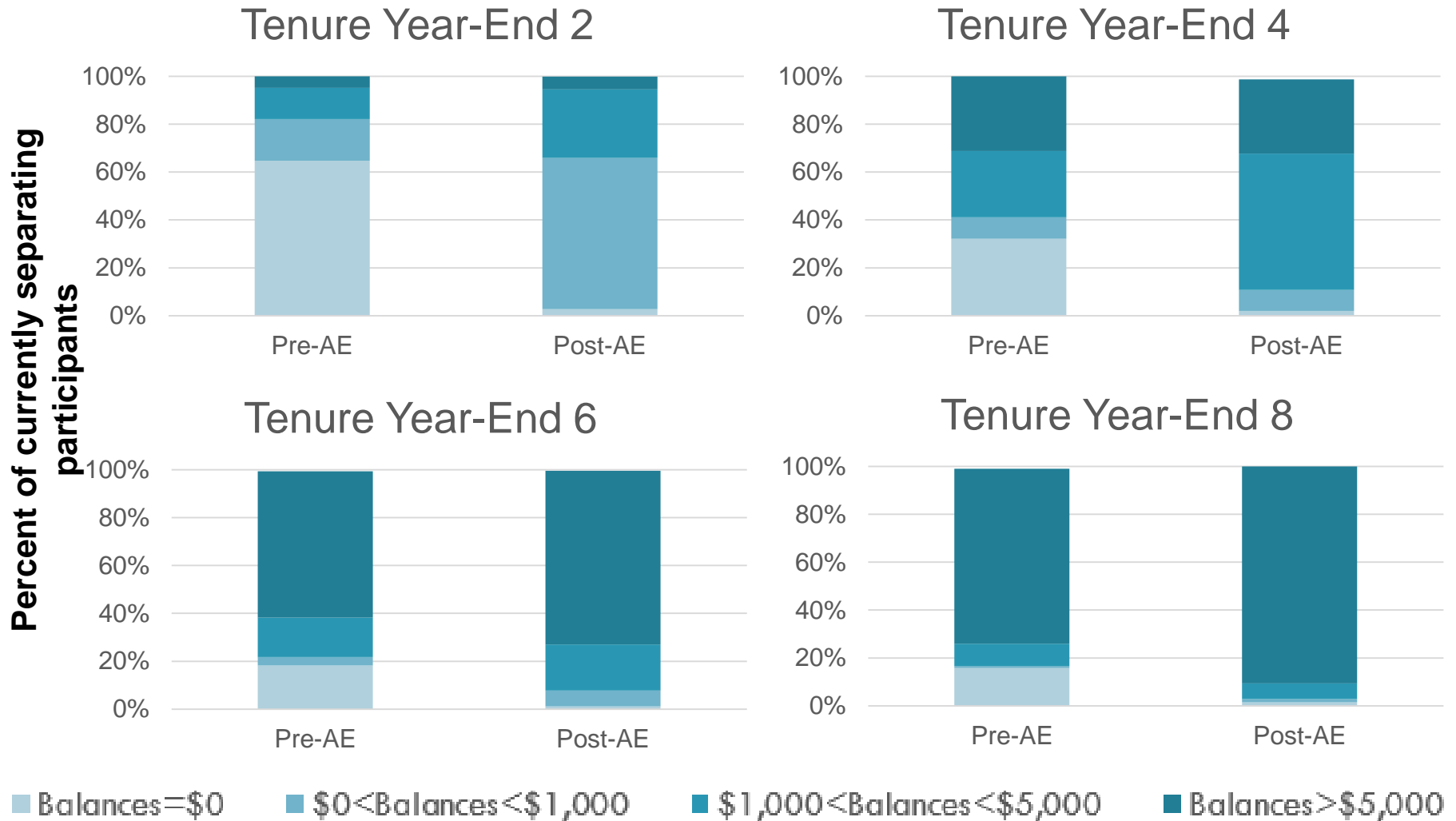


■ Never held balances ■ Leakage Rate=0 ■ 0<Leakage Rate<1 ■ Leakage rate=1



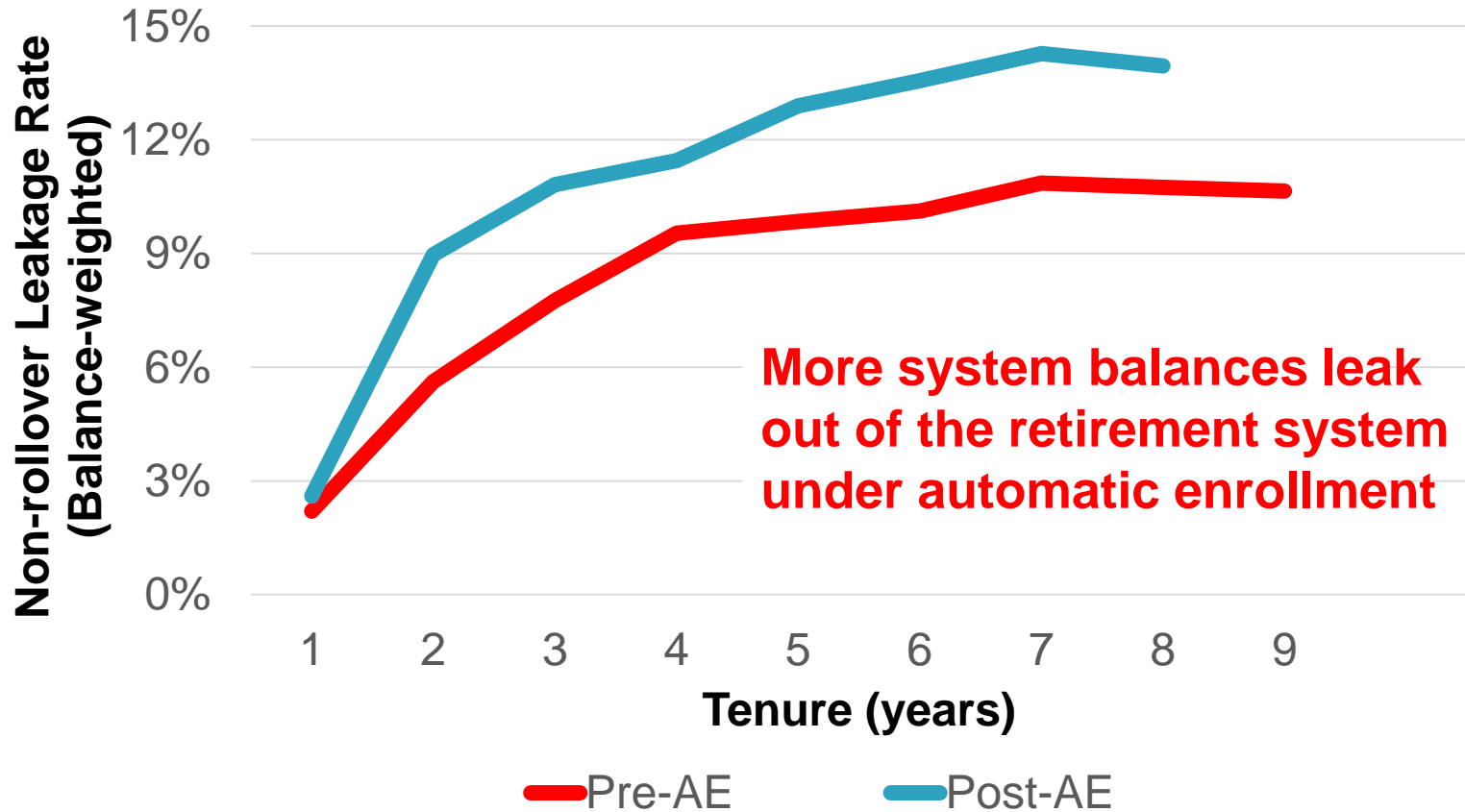
# The Impact of Automatic Enrollment on Imputed Balances at Separation

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# The Impact of Automatic Enrollment on Leakage as a Fraction of Balances (all hires, balance-weighted)

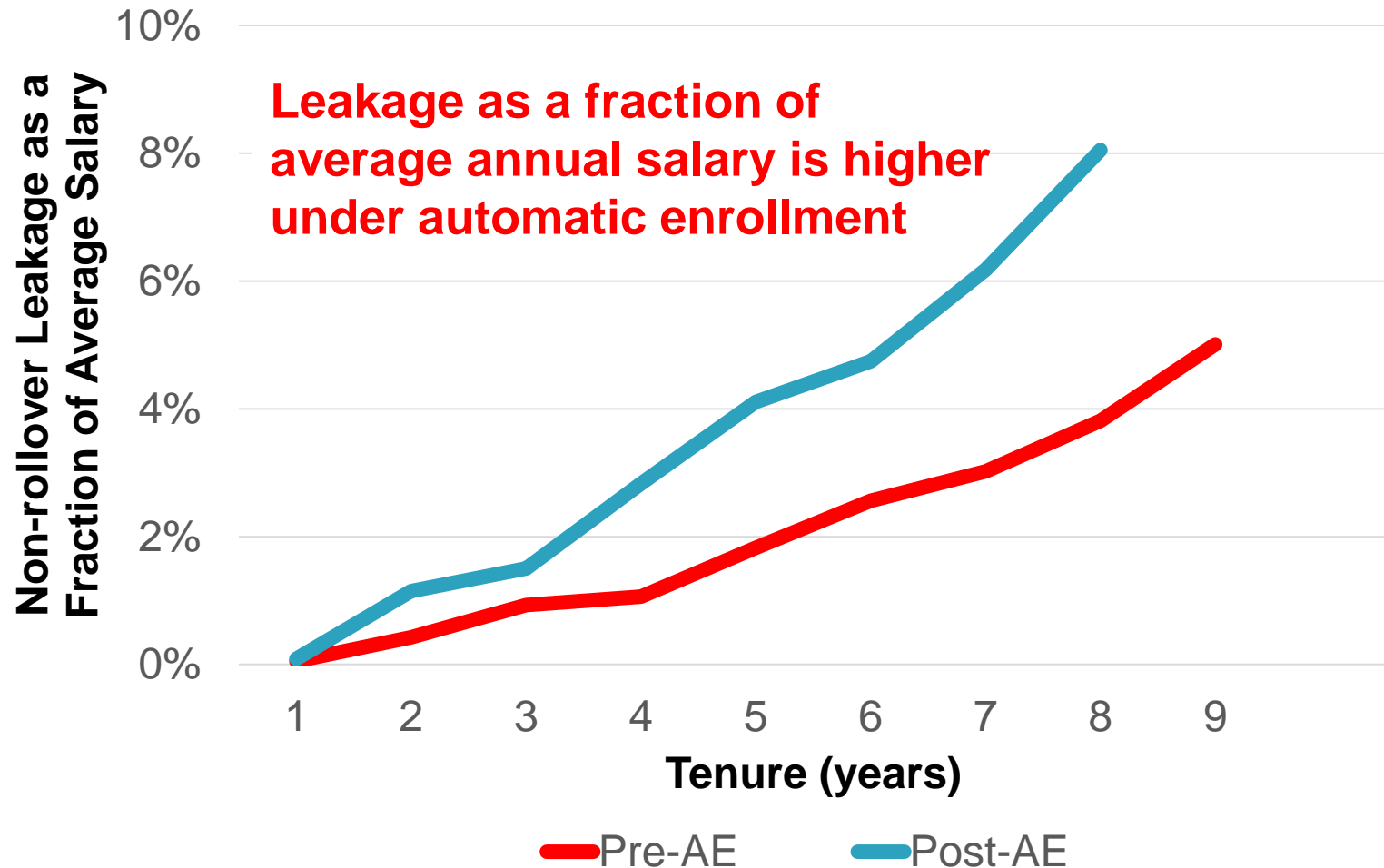
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Non-rollover leakage rate = (Non-rollover withdrawals + Outstanding loans) / (Total withdrawals + Balance-weighted balances)  
where the value of total balances includes the value of outstanding loans

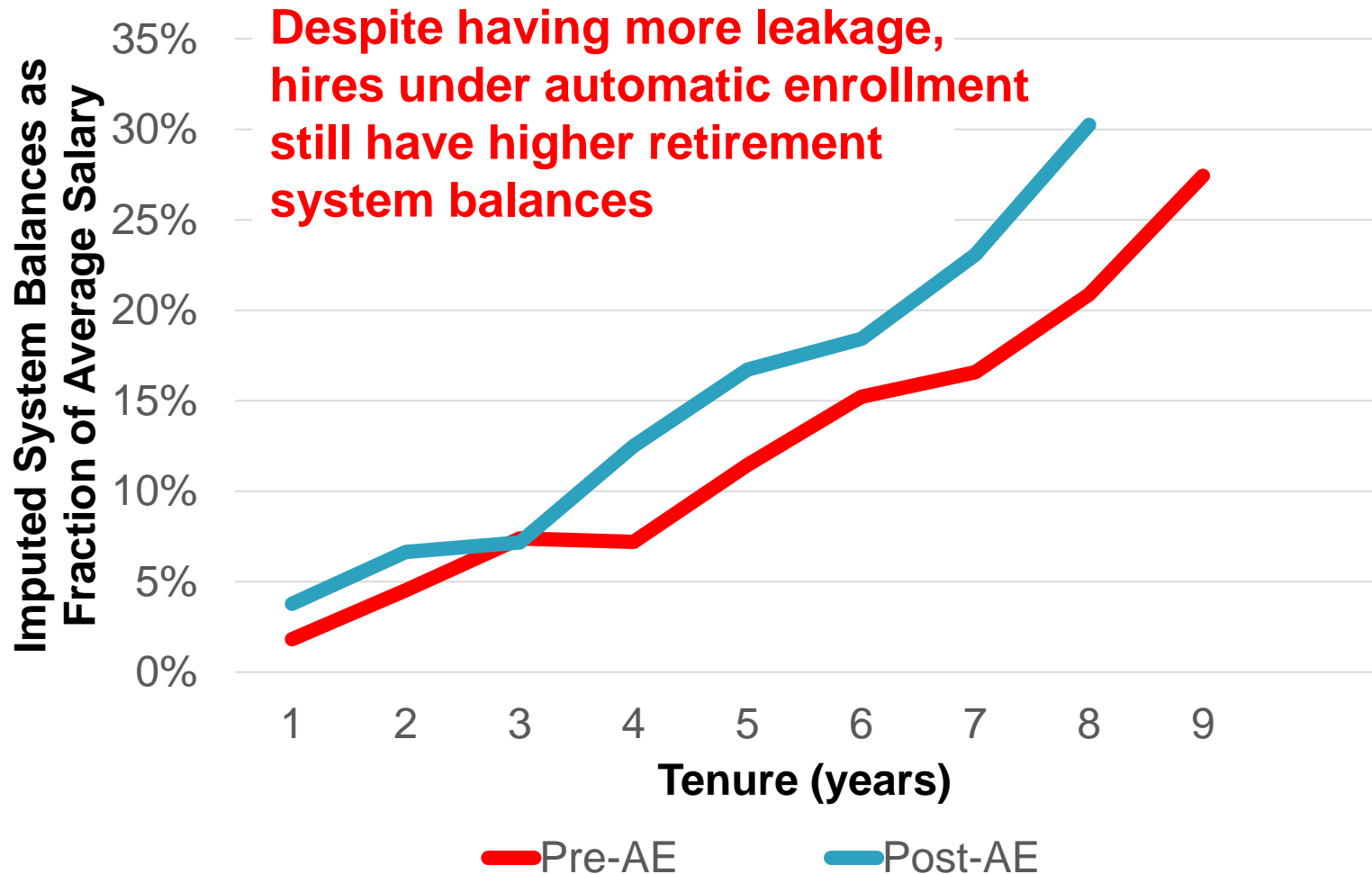
# The Impact of Automatic Enrollment on Leakage Relative to Average Salary (all hires)

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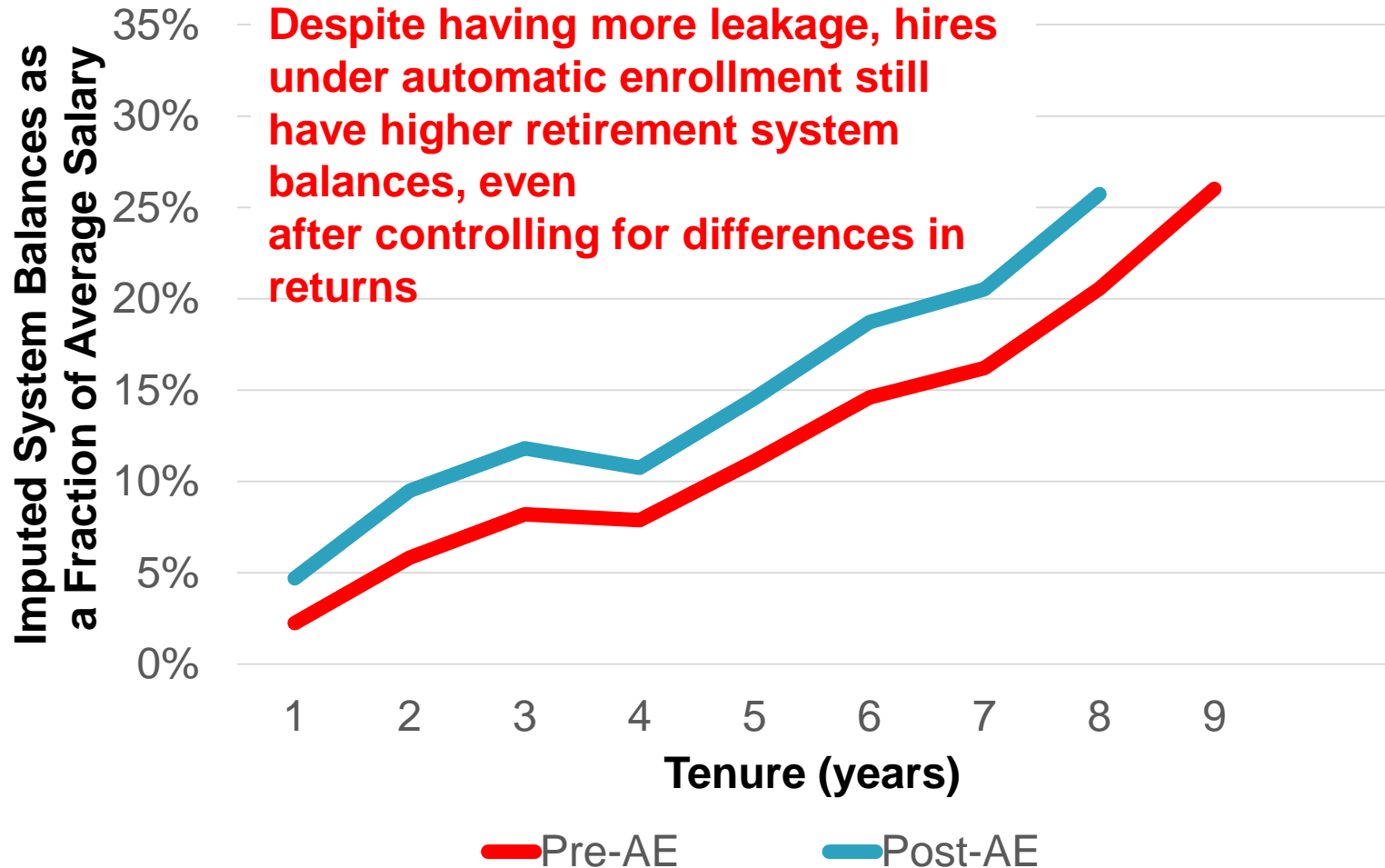
# The Impact of Automatic Enrollment on Qualified System Balances Relative to Average Salary (all hires)

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# The Impact of Automatic Enrollment on Qualified System Balances Relative to Average Salary (all hires, controlling for returns)

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# Where do Contributions End Up? (all hires, controlling for returns)

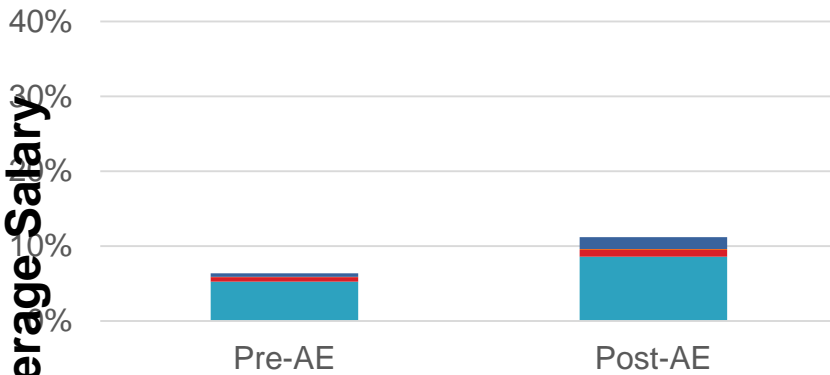
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Disposition of Imputed Balanced

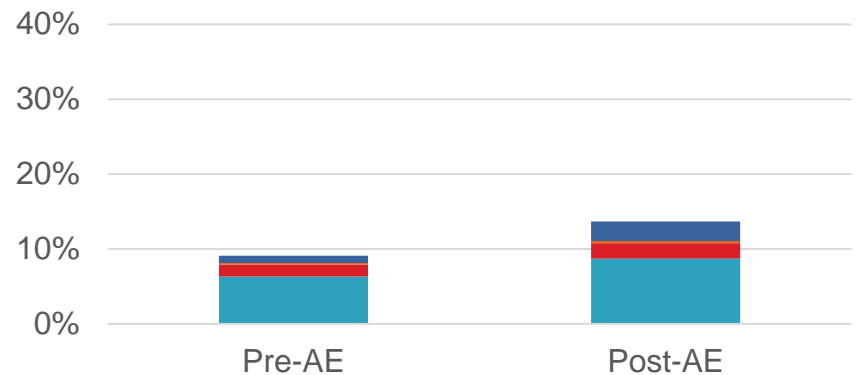
as

a Fraction of Average Salary

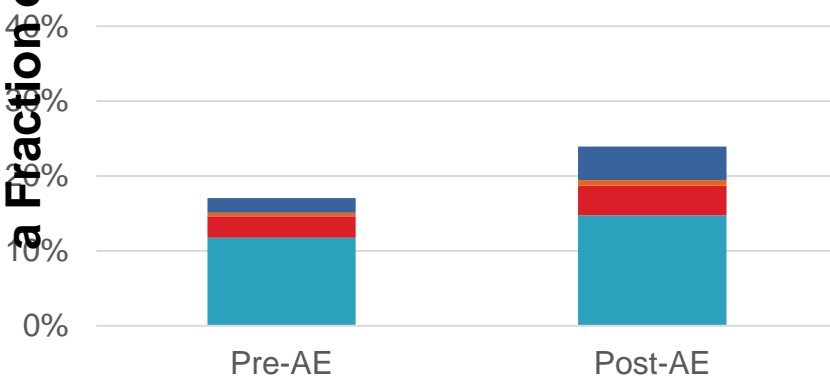
Tenure Year-End 2



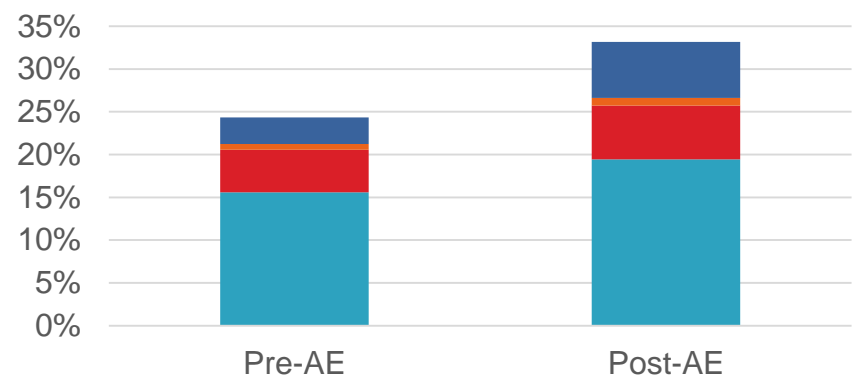
Tenure Year-End 4



Tenure Year-End 6



Tenure Year-End 8



■ 401(k) Balances    
 ■ Rollover Withdrawals    
 ■ 401(k) Loan Balances    
 ■ Non-Rollover Withdrawals

# Conclusions

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- Comparing employees hired before vs. after automatic enrollment at a large U.S. company eight years after hire:
  - Imputed retirement plan accumulations before accounting for leakage are higher after automatic enrollment (by 9 percentage points of average salary)
  - Cumulative loans and withdrawals are higher after automatic enrollment (by 4 percentage points of average salary)
  - Net effect is an increase in retirement savings after automatic enrollment (by 5 percentage points of average salary)
- **Future Research:** to what extent are the wealth accumulation effects of automatic enrollment offset by increased consumer debt?